

## Talking about Communion with your child



### A parent's guide to a child's readiness for communion.

Sitting down with your child to talk about what communion is and whether or not they should participate, will open up some wonderful doors for discussion. The advantage you have is that you can use some very real object lessons—the bread and the cup—to explain visually the work of Jesus on their behalf. Even if you have done it before, sit down again and explain to your child what communion means.

You may be wondering if there is a certain age for children to be able to take communion. There is certainly no age given in the Bible, and neither do we stipulate an age requirement here at Mission Creek Alliance.

We would recommend that you permit your son or daughter to take communion only after they are able to clearly articulate their faith experience with the Lord Jesus. Do they understand who Jesus is and what He came to do for them? Do they understand the value and meaning of the blood of Jesus as it relates to their sin and do they grasp the importance of the bread symbolizing the sacrifice of His own body in our place?

## Questions to prompt discussion with your child

- Who do you say Jesus is?
- What does it mean to sin? Do you ever sin? How?
- What happens when you say you are sorry to Jesus for your sin?
- What happens to people who never accept what Jesus has done for them?
- Do you understand why Jesus died on the cross?
- What is so important about Jesus' blood when He died on the cross?
- Why is it important that Jesus rose from the dead.
- What do you think would happen to you if you were to die today?
- If you were to die and God were to ask you why He should allow you to enter heaven, what would you say to Him?

### But What About You?

We have been discussing here whether or not your child is ready to participate in communion. But are you? How would you answer these questions? If after reading this, you have questions regarding your own understanding of communion or how to lead your child in communion or a personal relationship with Christ, take time to talk with one of the pastors or contact the church office at 250.860.2427.

### Scriptures for further discussion

- Matthew 26:17-30
- Ephesians 2:8-9
- Hebrews 10:1-18
- I John 1:8-2:2

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